

SAMPLE MENUS
Resident Choice Meal Plan

| Meal | General |
|---|---|
| 7-9 AM Continental Breakfast | <ul style="list-style-type: none"> • Assorted Fruit and Juice • Variety bread • Hot/Cold Cereal • Milk/Coffee/Tea |
| 10:30AM Brunch | <ul style="list-style-type: none"> • Grilled Ham/Cheese on rye • Cream of potato soup 6 oz • Pineapple rings - 2 • Milk/Coffee/Tea • Salad bar/1st floor |
| 1:30 Offering | <ul style="list-style-type: none"> • Tortilla chips & salsa • Cookie |
| 4 PM Supper | <ul style="list-style-type: none"> • Mushroom Steak • Mashed potato • Fresh squash • Strawberries • Milk/Coffee/Tea |
| 6:30 Offering | <ul style="list-style-type: none"> • ½ Sandwich • Fruit cup |

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|---|--|
| 7-9 AM Continental Breakfast | <ul style="list-style-type: none"> • Assorted Fruit and Juice • Variety bread • Hot/Cold Cereal • Milk/Coffee/Tea |
| 10:30AM Brunch | <ul style="list-style-type: none"> • OJ or Prune Juice • Pancakes/Syrup (2) • Smokie links (2) • Milk/Coffee/Tea • Salad bar/1st floor |
| 1:30 Offering | <ul style="list-style-type: none"> • Cheese & crackers • Cookie |
| 4 PM Supper | <ul style="list-style-type: none"> • Battered Fish • Potato Wedges • California Blend - 1/2 cup • Pear halves - 1/2 cup • Milk/Coffee/Tea |
| 6:30 Offering | <ul style="list-style-type: none"> • ½ Sandwich • Fruit cup |